



CONVENTION OPTIONS

This year, based on the feedback we received from you, we are offering both convention and retreat-like breakout sessions. You'll get to create your own experience in a mix-and-match of any sessions you'd like! No advanced sign up needed. All sessions are available for CEU credit.

A Journey into Experiential Learning - (Lori Erwin-Johnson & Rev. Diane Venzera)

Offered: Wed, June 19 (4:00-5:30 pm)

Embark on a transformative educational adventure with our course, 'Beyond the Books: A Journey into Experiential Learning Strategies.' This immersive class transcends traditional teaching methods, inviting participants to explore innovative approaches that bridge theory and practice. Dive into hands-on activities, real-world simulations, and collaborative projects designed to foster critical thinking, problem-solving skills, and a deeper understanding of the subject matter. Discover how experiential learning enriches the educational experience, providing students with practical insights that extend far beyond the confines of textbooks.

Join us as we navigate this exciting journey into the realm of experiential learning, where the classroom becomes a dynamic space for discovery and growth.

A Unity Homecoming Celebration - (Rev. Kevin Ross)

Offered: Wed, June 19 (4:00-5:30 pm)

Join your Unity of Sacramento family and Unity friends from around the globe for a special Unity People's Convention midweek musical service celebration! Come meet, greet, cheer, connect and be inspired by original music performed by the Expressions of Unity Choir and the Chakra house band — under the direction of Redahlia Kilson and Chet Chwalik. Have some fun with us and show your colors. Wear your church's Unity swag or wave your center's flag and let us give you a shout out!

Plus, open your hearts and prepare to receive a message by The Reverend Kevin Kitrell Ross affectionately known as, "Rev. Kev" who will inspire us to think in fresh ways about how we can all be, "A Force for Good in the World."

All original music that will be performed was written by the late Minister of Music and Arts at Unity of Sacramento, The Reverend Charles Cooper, Jr. The meditation will be presented by The Reverend Eric Ovid Donaldson and is taken from Breathing Space: A 52 Week Meditation Journey for Centered, Soulful and Successful Living, co-authored by The Reverend Dr. Kevin Kitrell Ross and Rev. Eric Ovid Donaldson.

This is Our Story, This is Our Song! African American History / Storytelling: Group – (Juneteenth origins)

Offered: Wed, June 19 (2:00-3:30 pm)

The workshop is divided into two parts: story and music. Participants will learn from and engage in the influence of the Black culture through generations of storytelling in words and music.

Religion as we know it infiltrated the Black community during slavery. While the objective leaned on pacifying slaves, Black people rose against the negative narrative and invested in a community that would be known as the Black church. Records indicate that as early as 1794, Richard Allen, a formerly enslaved black man, founded his own – the African Methodist Episcopal Church. Through word and song, these two workshops will engage participants in the soul-stirring experience of the Black church.

This is Our Story, This is Our Song! African American History / Music – (Unity Choir)

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Becoming a Peacemaker in Our World - (Rev. Suzanne Carter)

Offered: Thurs, June 20 (1:30-3:00 pm)

Together we will learn these 4 essential steps:

It begins with me. Just as the song says: Let there be peace on earth and let it begin with me. This step is fueled by Divine Love. We will answer the question: WHO AM I UNIQELY

What am I do to? This step is fueled by Divine Light. We will answer the question: What is my purpose, my Divine Purpose. What gifts do I have to help fulfill my purpose.

Where am I blocked in fulfilling my purpose? This step is fueled by Divine Life. We will answer the question, what do I need to do to heal this block.

Now What? The road to peace. This step is fueled by Divine Connection as Jesus spoke about “Where two or more are gathered”. We will answer the question: How to create safe circles of connection with healthy communication.

New ideas will emerge as we create circles of Harmony where everyone’s view is honored. In this step, we learn to say YES and NO for without safe structure, nothing true can emerge. In this step, we are willing to know that everyone is welcome to the circle unless their intent is to destroy the circle. This step will enable you to know what to do to keep safety present so new ideas can emerge.

In each step, we will discuss the topic, each person will have 2 or 3 minutes to write about the topic and then we will break into small groups. We will practice these steps so that each attendee can then go back to their church and implement the strategies. All handouts will be provided to take home and use.

Finding the Comic in You - (Rev. Shawn Moninger)

Offered: Thurs, June 20 (1:30-3:00 pm)

The most interesting person in the room or at the table (or on the pulpit) is the one who makes people laugh. Doing stand-up is a life-long dream for many of us. Let's create a foundation to create a stand-up set for you. Develop microphone technique & finding the authentic funny you for stage presence and timing. Bring a joke or funny story to share.

Shawn Moninger is a NYC multi-award-winning comic and spoken word artist. In 2015 Shawn debuted his solo stand-up comedy full-length show "Because I Can" at the Metropolitan Room in NYC, for which he received a Broadway World Award for Best Musical Comedy Performer and a MAC Award for Outstanding Spoken Word Artist. He has since done his show around the country and headlined Crystal Cruises. He has also become a featured workshop leader teaching his "Stand-up" workshop at Canyon Ranch Spa in Lenox, Mass. He also headlined as co-emcee at several Unity Conventions.

Directing the Flow - (Denise Rosier)

Offered: Wed, June 19 (2:00-3:30 pm) & Thurs, June 20 (10:00 am-12:00 pm)

Whether you are a small church with no band, or a mega church with a live band and multiple choirs, Denise offers practical tips on building your music team, managing the team, and the role of the minister and music director in creating a powerful Sunday morning. Walk through the role of music in facilitating the entire Sunday morning experience from the minute the doors open to the final walk-out.

Learn where opportunities exist to use music to educate new visitors on who you are and what you believe. Get useful suggestions for finding new music, discuss creative ways to evolve your song list, and learn how to report the use of songs. Denise will also explore ideas on how to grow your outreach with your music program, and how to use music as a tool to engage youth.

Memorial Service **No CEUs earned*

Offered: Thurs, June 20 (2:00 – 3:30 pm)

Together we hold sacred space and honor the lives of our beloved Unity leaders, friends, and colleagues, who have moved into their eternal journey.

Let it Begin with Me! A Peace and Justice Interactive Workshop - (Rev. Roxanne Graves & Rev. Diana Kennedy)

Offered: Tues, June 18 (3:30-5:30 pm)

It's true... We all want to see a more peaceful and just world, don't we? But, what is needed to get humanity there? A great place to begin is within, so that we gain a deeper understanding of ourselves and the impact we are making in our interactions.

In this interactive workshop based on the teachings of The Peace and Justice Institute, Revs. Roxanne Graves and Diana Kennedy will share helpful practices (tied into Unity principles) which invite a sense of curiosity, exploration, and commitment to more effective dialogue with one another.

The connection between peace and justice is strong and brings us all together as a global family. As the teachings of this workshop are applied, we grow our capacity to be connected more fully with one another. This is how we, as a movement, can bring about justice and peace on Earth!

Public Courage for Social Change: An Experiential Workshop for Game Changers & Peace Makers - (Rev. Kevin Ross)

Offered: Wed, June 19 (2:00-3:30 pm)

Public Courage for Social Change is an experiential discovery workshop aimed at exploring creative ways credentialed and non-credentialed religious and spiritual leaders can move beyond dangerous political neutrality and locate societal causes and on-ramps for meaningful, passionate, social engagement - all while staying committed to Unity and New Thought principles.

This interactive experience will introduce participants to frameworks and case studies from a cross-sector of nationally recognized local leaders, with real lived experience, whose creative approaches toward a just world healed of racism and at peace, have had national and global impact.

This program is being offered as a prerequisite for individuals interested in the full 12 Week Camp Courage Academy Certification cohort.

Camp Courage Academy was created, developed, and offered as a course at Harvard Divinity School by The Reverend Dr. Kevin Kitrell Ross, Senior Minister and CEO of Unity of Sacramento. He developed the curriculum while studying in Master of Religion and Public Life program at Harvard Divinity School to support his colleagues with new tools for co-creating a world of peace, prosperity, and unconditional love for all and for being a force for good in the world.

Come and find your voice, own your power, take your stand and lead with love!